

FORTE

MEDITERRANEAN BISTRO



BREAKFAST - SERVED ALL DAY

ORGANIC EGG PANINI | 5
Tomato sauce and mozzarella cheese

OATMEAL | 5
Topped with almond and fresh fruits

APPETIZERS

EGGPLANT TOMATO | 5
Sautéed in sweet garlic and olive oil with tomato sauce

HUMMUS | 4
Choice of lemon garlic, or roasted peppers served with pita bread

ROASTED GARLIC POTATOES | 5
Tomato sauce, drizzled with olive oil

FALAFEL | 4
4 patties of ground garbanzo seasoned with fresh herbs and spices, served with pita bread

SOUPS | 5
Lentil Soup or Tomato Basil Soup

ENTRÉES

Pick your entrée:

SPICY CHICKEN KABOB | 9.99

LEMON GARLIC CHICKEN BREAST KABOB | 9.99

GROUND CHICKEN KABOB | 9.99

FALAFEL | 8.99

FILET MIGNON BEEF KABOB | 12.99

GRILLED FRESH SALMON | 13.99

COMBINATION FILET MIGNON AND LEMON GARLIC CHICKEN BREAST KABOB | 12.99

SPICY CHICKEN KABOB AND GROUND CHICKEN KABOB | 13.99

LEMON GARLIC CHICKEN BREAST KABOB AND GROUND CHICKEN KABOB | 13.99

FILET MIGNON AND GROUND CHICKEN KABOB | 15.99

Pick 2 Sides:

Rice, Classic Salad, Grilled Vegetables

WRAPS

Served with lettuce, tomatoes, cucumbers, onions, and tzatziki sauce

FALAFEL WRAP | 4.99

GROUND CHICKEN WRAP | 4.99

SPICY CHICKEN WRAP | 7.99

LEMON GARLIC CHICKEN WRAP | 7.99

FILET MIGNON WRAP | 9.99

GYRO

SANDWICH | 7.99

Served on pita with lettuce, tomatoes, cucumbers, onions, tzatziki sauce

PLATE | 9.99

Served with salad, rice, pita bread, tzatziki sauce

F O R T E

— MEDITERRANEAN BISTRO —



FRESH ORGANIC JUICE BLENDS

16 oz 5.50 24 oz 6.50 kids 4.00

ORANGE SUNSET

Orange, pineapple, strawberry, kiwi

BOTANIC

Kale, pineapple, apple, orange, lime, ginger

LUSCIOUS

Tomato, celery, carrot, lemon, ginger

COCONUT BREEZE

Cucumber, beets, cabbage, coconut water

RIVIERA

Celery, kale, cucumber, parsley, lime

GINGER LEMONADE

16 oz. 4.50 24 oz. 5.50

Fresh lemon, lime, ginger with sparkling mineral water

PINEAPPLE CRUSH

16 oz 7.50 24 oz 9.50

Pineapple, ginger

YOU CREATE WE MAKE

PICK YOUR BASE:

1) Carrot 2) Orange 3) Celery

Pick 4: each additional .50

Orange, Strawberry, Kiwi, Kale, Beets, Pineapple, Apple, Cucumber, Cabbage, Tomato, Parsley, Fennel, Lime, Lemon, Ginger.

BEVERAGES

Hot Tea | 3

Coffee | 2

Iced Tea | 2

Fresh Mint Lemonade | 3

Fresh Orange Juice | 3

Soda | 2

Sparkling Mineral Water | 3

Water bottle | 2

KID'S MENU | 6

Includes a choice of lemonade or soda

Lemon Garlic Chicken Breast Kabob served with Rice

Grilled Cheese Sandwich served with Fresh Fruits

DESSERTS | 5

Chocolate Baklava

Forte Ice Cream

FRESH ORGANIC SALADS | 7.99

COOL CUCUMBER SALAD

Cucumber, tomato, olive, red onion, feta cheese

BURGUNDY BEET SALAD

Romaine, beets, carrot, cabbage, garbanzo

MEDITERRANEAN SALAD

Tomato, garbanzo, cucumber, parsley, daikon, olive, onion

LEMONY QUINOA SALAD

Chopped cherry tomatoes, chopped olives, chopped cucumber, chopped onions, drizzled with lime

MINT YOGURT SALAD

Chopped kale, chopped cucumber, chopped mint topped with jalapeños

YOU CREATE WE MAKE

PICK YOUR BASE:

1) Romaine 2) Mixed Greens 3) Kale

Pick 4: each additional .50

Tomatoes, Olives, Cucumber, Carrots, Beets, Celery, Onions, Parsley, Mint, Daikon, Cabbage, Bell Peppers, Fennel, Garbanzo, Corn, Jalapeños, Quinoa, Almonds, Cashews, Walnuts,

ADD EXTRAS

Avocado | 1

Cheese | 1

Hard Boiled Organic Egg | 2

Tzatziki Yogurt | 3

Ground Chicken Kabob | 4

Spicy Chicken Kabob | 6

Lemon Garlic Chicken Breast Kabob | 6

Filet Mignon Kabob | 8

Grilled Fresh Salmon | 9

Combination of Filet Mignon and chicken Kabob | 8

SALAD DRESSINGS

Forte Feta Vinaigrette and Olive Oil,

Celery with Apple Cider Vinaigrette and Olive Oil

Mediterranean Mango Vinaigrette and Olive Oil

Sun Dried Tomato Vinaigrette and Olive Oil

Cilantro Garlic Vinaigrette and Olive Oil